

Triterpenoids and Phenolics from the Leaves of *Ficus hirta* Vahl. in Tuyen Quang Province, Vietnam

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Abstract

Two usane-type triterpenoids as α -amyirin acetate (**1**), 3β -acetoxy- 11α -hydroxy- 12 -ursenes (**2**) and two phenolics as *p*-coumaric acid (**3**), isovitexin (**4**) were isolated from the leaves of *Ficus hirta* collected in Yen Son district, Tuyen Quang province, Vietnam. Their structures were determined from analysis of MS and 1D-, 2D-NMR spectra data and by comparison with data reported in the literatures.

Keywords

Ficus hirta, triterpenoids, phenolics, α -amyirin acetate, 3β -acetoxy- 11α -hydroxy- 12 -ursene, *p*-coumaric acid, isovitexin

1. Introduction

The genus *Ficus* (Moraceae) comprising about 1,000 species grows mainly in tropical and subtropical [1,2]. Where it is traditionally used as a medicinal plant for nephritis, hepatitis, mastitis, bruises, injuries, rheumatism, cough and to promote milk secretion during childbirth, treatment of constipation, postpartum hypogalactia, tumors, and cancer [2,3,4]. Certain studies regarding the chemical composition and pharmacological activities of *F. hirta* Vahl. reported that benzene derivatives, phenolics, and glycosides of flavonoid are majorly present of the roots [5,6,7,8] and fruits of *F. hirta* [9]. Dao Duc Thien et al. have separated and analyzed the chemical components in the extract of *F. hirta*. The result has identified a new 5-*O*-[β -D-apiofuranosyl-(1 \rightarrow 2)- β -D-glucopyranosyl] bergaptol (**1**), 9 known compounds [10,11] from the Roots of *F. hirta* and 04 triterpenoid with a new 3β -hydroxy- 11 -oxo-olean- 12 -enyl- 3 -stearate [12] from leaves of *F. hirta*. This paper reports the isolation and structure identification of two triterpenoids, α -amyirin acetate (**1**), 3β -acetoxy- 11α -hydroxy- 12 -ursenes (**2**) and two phenolics, *p*-coumaric acid (**3**), isovitexin (**4**) from leaves of *F. hirta* collected in Yen Son district, Tuyen Quang province, Vietnam. Their structures were determined from analysis of MS and 1D-, 2D-NMR spectra data and by

comparison with data reported in the literatures.

2. Experimental

2.1. Plant materials

The leaves of *F. hirta* were collected in Yen Son district, Tuyen Quang province, Vietnam in December, 2019. Identified at the site by Dr. Nguyen The Hai, Faculty of medicine and pharmacy, Tan Trao University. A voucher specimen (FH-12/2019) is deposited in Center for Pharmacy Practice Accreditation, Tan Trao University.

2.2. General experimental procedures

Thin layer chromatography (TLC) was performed on silica gel 60F₂₅₄ aluminum plates (0.25 mm, Merck, Darmstadt, Germany). TLC spots were viewed at 254, 302 and 366 nm and visualized by spraying with vanillin-10% H₂SO₄ solution and heating for 5 minutes. Column chromatography was carried out on silica gel 60 (0.040 – 0.063 mm, Merck, Darmstadt, Germany) and Sephadex LH-20 (Amersham Pharmacia Biotech, Tokyo, Japan). HR-ESI-MS was obtained on a Agilent introduces 1,100 Series LC/MSD Trap SL. NMR spectra were taken on a Bruker Avance III 500 spectrometer (Bruker, Fällanden, Switzerland) at Institute of Chemistry, Vietnam Academy of Science and Technology.

2.3. Extraction and isolation

The dried leaves of *F. hirta* (4 kg) were ground and extracted three times with methanol-water (95:5, v/v) at room temperature. After the combined extracts, were evaporated under reduced pressure at 45 °C, the residue was suspended in H₂O and then partitioned in turn between *n*-hexane, ethyl acetate and *n*-butanol, successively. The organic solvents were evaporated to yield the corresponding extracts of 40 g, 50 g, and 100 g, respectively.

The *n*-hexane extract (40 g) was subjected to silica gel column chromatography with a gradient mixture of *n*-hexane: EtOAc (from 50:1 to 1:1, v/v) to give 7 fractions (A-G). Fraction B was repeatedly chromatographed on silica gel column (*n*-hexane: EtOAc, 15:1, v/v) to afford compound **1** (0.3 g). Fraction F was chromatographed on silica gel column (*n*-hexane: EtOAc, 9:1, v/v) and then on Sephadex LH-20 column (*n*-hexane : CH₂Cl₂ : MeOH = 1:1:2) to give compound **2** (4 mg).

The *n*-butanol extract (100 g) was applied on a silica gel column eluted with (EtOAc:MeOH:H₂O = 8:2:0.2 → 3.5:2:0.2) to yield 9 fractions. Fraction 1 was chromatographed on silica gel column (*n*-hexane: EtOAc = 2:1) to give compound **3** (2 mg). Fraction 7 was chromatographed on silica gel column (CH₂Cl₂: MeOH= 8.5:1.5) and then on Sephadex LH-20 column (MeOH:H₂O = 2:1) to give compound **4** (3 mg).

***α*-Amyrin acetate (1):** White solid. ¹H-NMR (500 MHz, CDCl₃) δ_H 5.13 (1H, t, *J* = 3.5 Hz, H-12), 4.51 (1H, m, H-3), 2.04 (3H, s, CH₃CO), 1.07 (3H, s, H-27), 1.01 (3H, s, H-26), 0.98 (3H, s, H-25), 0.92 (3H, d, *J* = 6.0 Hz, H-30), 0.88 (3H, s, H-23), 0.87 (3H, s, H-24), 0.80 (3H, s, H-28), 0.79 (3H, d, *J* = 4.0 Hz, H-29). ¹³C-NMR (125 MHz, CDCl₃) δ_C 170.96 (CH₃CO), 139.64 (C-13), 124.34 (C-12), 80.96 (C-3), 59.09 (C-18), 55.29 (C-5), 47.67 (C-9), 42.09 (C-14), 41.55 (C-22), 40.05 (C-8), 39.67 (C-19), 39.62 (C-20), 38.49 (C-1), 37.72 (C-4), 36.81 (C-10), 33.76 (C-17), 32.89 (C-7), 31.26 (C-21), 28.75 (C-23), 28.11 (C-28), 28.08 (C-15), 26.62 (C-16), 23.62 (C-2), 23.38 (C-11), 23.24 (C-27), 21.39 (C-30), 21.29 (CH₃CO), 18.26 (C-6), 17.50 (C-29), 16.88 (C-26), 16.74 (C-24), 15.73 (C-25).

***3β*-Acetoxy-11 α -hydroxy-12-ursene (2):** White solid. ¹H-NMR (500 MHz, CDCl₃) δ_H 5.19 (1H, d, *J* = 3.5 Hz, H-12), 4.52 (1H, dd, *J* = 10.0, 6.5 Hz, H-3), 4.24 (1H, dd, *J* = 9.0, 4.0 Hz, H-11), 2.04 (3H, s, CH₃CO), 1.16 (3H, s, H-27), 1.12 (3H, s, H-24), 1.06 (3H, s, H-26), 0.93 (3H, s, H-30), 0.89 (6H, s, H-23&H-25), 0.86 (3H, d, *J* = 5.5 Hz, H-29), 0.80 (3H, s, H-28). ¹³C-NMR (125 MHz, CDCl₃) δ_C 170.93 (CH₃CO), 142.90 (C-13), 128.75 (C-12), 80.70 (C-3), 68.36 (C-11), 58.16 (C-18), 55.77 (C-9), 55.43 (C-5), 43.30 (C-8), 42.15 (C-14), 41.31 (C-22), 40.51 (C-1), 39.42 (C-20), 39.30 (C-19), 37.99 (C-4), 33.64 (C-7), 33.61 (C-17), 31.09 (C-21), 28.67 (C-28), 28.22 (C-22), 27.94 (C-16), 26.69 (C-15), 23.77 (C-2), 23.12 (C-27), 21.32 (C-30), 21.30 (CH₃CO), 18.25 (C-6), 17.99 (C-26), 17.57 (C-29), 16.77 (C-24&C-25).

***p*-Coumaric acid (3):** White solid. ¹H-NMR (500 MHz, CD₃OD): δ_H 7.66 (1H, d, *J* = 16.0 Hz, H-7), 7.46 (2H, d, *J* = 8.5 Hz, H-2&H-6), 6.82 (2H, d, *J* = 8.5 Hz, H-3&H-5), 6.40 (1H, d, *J* = 16.0 Hz, H-8). ¹³C-NMR (125 MHz, CD₃OD): δ_C 168.72 (C-9), 161.16 (C-4), 146.56 (C-7), 131.10 (C-2&C-6), 127.32 (C-1), 116.80 (C-3&C-5), 115.39 (C-8).

Isovitexin (4): Yellow solid. $^1\text{H-NMR}$ (500 MHz, CD_3OD): δ_{H} 7.76 (1H, d, $J = 8.0$ Hz, H-2'&H-6'), 6.90 (1H, d, $J = 8.0$ Hz, H-3'&H-5'), 6.51 (1H, s, H-3), 6.43 (1H, s, H-8), 4.92 (1H, d, $J = 10.0$ Hz, H-1''), 4.22-4.18 (1H, m, H-2''), 3.92 (1H, dd, $J = 12.0, 2.0$ Hz, H-6a''), 3.79 (1H, dd, $J = 12.0, 5.5$ Hz, H-6b''), 3.53 (1H, m, H-4''), 3.51 (1H, m, H-3''), 3.48-3.44 (1H, m, H-5''). $^{13}\text{C-NMR}$ (125 MHz, CD_3OD): δ_{C} 183.88 (C-4), 166.02 (C-2), 164.81 (C-7), 162.69 (C-4'), 161.91 (C-5), 158.58 (C-9), 129.35 (C-2'&C-6'), 122.99 (C-1'), 117.00 (C-3'&C-5'), 109.09 (C-6), 105.15 (C-10), 103.78 (C-3), 95.29 (C-8), 82.54 (C-5''), 80.12 (C-3''), 75.30 (C-1''), 72.60 (C-2''), 71.74 (C-4''), 62.77 (C-6'').

3. Discussion

The structure of **1** was determined to be $\text{C}_{32}\text{H}_{52}\text{O}_2$ with the aid of spectral comparison of NMR and ESI-MS ion at m/z 469.6 $[\text{M} + \text{H}]^+$. The $^{13}\text{C-NMR}$ and heteronuclear single-quantum correlation (HSQC) spectra displayed 32 carbon atoms inclusive: a carbonyl (δ_{C} 170.96), nine methylene, seven methine, nine methyl, six quaternary. The proton nuclear magnetic resonance ($^1\text{H-NMR}$) spectrum of **1** displayed signals characteristic for a triterpene of the ursan-12-ene skeleton, eight methyl carbon signals inclusive: six tertiary methyl groups [δ_{H} 1.07 (3H, s, H-27), 1.01 (3H, s, H-26), 0.98 (3H, s, H-25), 0.88 (3H, s, H-23), 0.87 (3H, s, H-24), 0.80 (3H, s, H-28)] and two methyl groups [δ_{H} 0.93 (3H, d, $J = 6.0$ Hz, H-30), 0.79 (3H, d, $J = 4.0$ Hz, H-29)], a proton of ($>\text{C}=\text{C}-$) group [δ_{H} 5.13 (1H, t, $J = 3.5$ Hz, H-12)]. The $^1\text{H-}, ^{13}\text{C-NMR}$ spectrum of **1** exhibited signals characteristic of an acetoxy group, an oxymethine group [δ_{H} 4.52-4.49 (1H, m); δ_{C} 80.96], an acetyl group [δ_{H} 2.04 (3H, s, CH_3CO), δ_{C} 170.96 (CH_3CO), 21.29 (CH_3CO)]. The exact acetoxy group were located at C-3 additional HMBC correlations between the protons H-23 (δ_{H} 0.88), H-24 (δ_{H} 0.87) and carbon C-3 (δ_{C} 80.96); H-3 (δ_{H} 4.51) and carbons C-23 (δ_{C} 28.75), C-24 (δ_{C} 16.74). From the above spectral data and with published data [13], the structure of **1** was determined to be α -amyirin acetate.

Combining all of the above $^1\text{H-}, ^{13}\text{C-NMR}$, HSQC spectra data and ESI-MS ion at m/z 485.6 $[\text{M} + \text{H}]^+$ the structure of **2** was determined to be $\text{C}_{32}\text{H}_{52}\text{O}_2$. Combining all of the MS, NMR spectral data showed that compounds **2** and **1** indicated they had the same skeleton and **2** connect an -OH group, the presence of an -OH group was indicated by the observed resonance at δ_{H} 4.24 (1H, dd, $J = 9.0, 4.0$ Hz) and δ_{C} 68.36. The HMBC correlations between the proton oxymethine H-11 (δ_{H} 4.24) and C-9 (δ_{C} 55.77), C-12 (δ_{C} 128.75), determined the hydroxy group to be at C-5. The hydroxyl group is bonded to an α -carbon atom was indicated by correlations between the proton H-9 and H-11, $J = 9.0$ Hz. Comparison with $^{13}\text{C-NMR}$ spectroscopic data of 3β -acetoxy-11 α -hydroxy-12-ursene reported in the literature [14] for same compounds. Combining all of the above information, the structure of **2** was determined to be 3β -acetoxy-11 α -hydroxy-12-ursene.

The proton nuclear magnetic resonance ($^1\text{H-NMR}$) spectrum of **3** displayed signals characteristic for four aromatic protons of system is AA'BB' at δ_{H} 6.82 (2H, d, $J = 8.5$ Hz), 7.46 (2H, d, $J = 8.5$ Hz) and two carbons of the trans-olefin have a very large chemical shift difference at δ_{H} 7.66 (1H, d, $J = 16.0$ Hz), 6.34 (1H, d, $J = 16.0$ Hz). The $^{13}\text{C-NMR}$ spectra displayed nine carbon atoms inclusive: a carbonyl at δ_{C} 168.72, six methine carbon and two quaternary composed of a quaternary carbon atom bonded to an oxygen atom at δ_{C} 146.6. From the above spectral data and with published data [15], the structure of **3** was determined to be *p*-coumaric acid.

The proton nuclear magnetic resonance ($^1\text{H-NMR}$) spectrum of compound **4** displayed signals characteristic of a flavonoid for four aromatic protons of system is AA'BB' at δ_{H} 7.76 (1H, d, $J = 8.0$ Hz, H-2'&H-6'), 6.90 (1H, d, $J = 8.0$ Hz, H-3'&H-5') and singles at δ_{H} 6.51 (1H, s, H-3), 6.43 (1H, s, H-8). The signals characteristic of a glucose unit inclusive: an oxymethylene at [δ_{H} 3.92 (1H, dd, $J = 12.0, 2.0$ Hz, H-6a''), 3.79 (1H, dd, $J = 12.0, 5.5$ Hz, H-6b''), δ_{C} 62.77] and five oxymethine at [δ_{H} 4.22-3.44, δ_{C} 82.54-71.74]. The HSQC spectrum the correlations between proton anomeric at (δ_{H} 4.92) and a quaternary carbon at (δ_{C} 75.30), show that C-linkage/glycosidic bond. Direct carbon-proton coupling constants $J = 10.0$ Hz are β -D-glucopyranose configuration. The $^1\text{H-}, ^{13}\text{C-NMR}$ spectra compound **4** displayed signals 15 carbon atoms of a flavonoid inclusive: nine quaternary carbon, six methine and six carbon atoms of a glucose unit at δ_{C} 82.54-62.77 ppm. The HMBC correlations between the proton H-1'' (δ_{H} 4.92) and carbon atoms at C-5 (δ_{C} 161.91), C-6 (δ_{C} 109.09) và C-7 (δ_{C} 164.81) show that C₆-glycosidic bond. From the above spectral data and with published data [16], the structure of **4** was determined to be isovitexin.

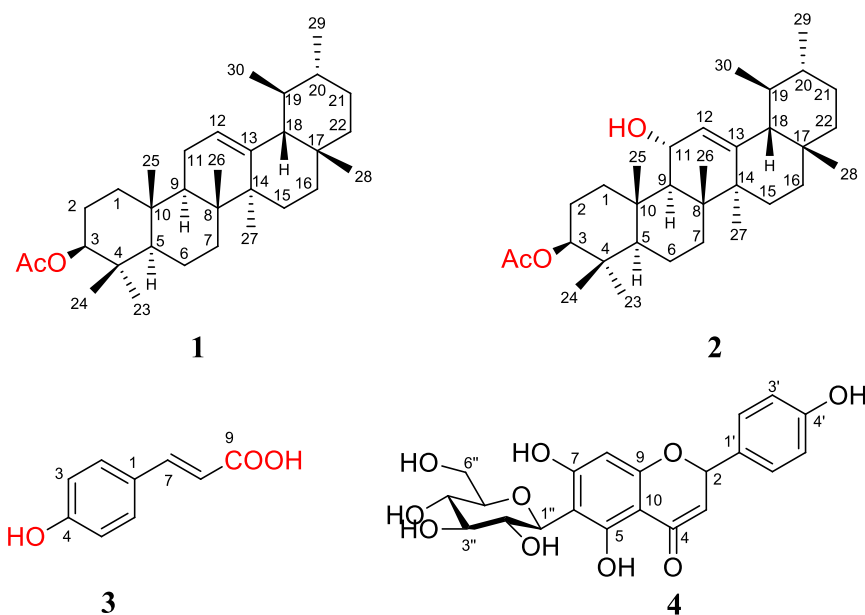


Figure 1. Chemical structures of compounds 1–4 isolated from the leaves of *F. hirta*.

Compounds **2** and **4** were discovered in leaves of *F. hirta* for the first time collected in Yen Son district, Tuyen Quang province, Vietnam. Compounds **1** widely distributed in genus *Ficus* inclusive: *Ficus sur*, *Ficus exasperate*, *Ficus bengalensis* and roots of *F. hirta*. Compound **1** has anti-inflammatory activities [17], lowering the glucose level in the blood [18]. Compound **3** was discovered in roots of *F. hirta* in China [8]. Compound **4** was discovered in leaves of *Ficus deltoidea* [19].

4. Conclusion

From *n*-hexane and *n*-butanol extracts leaves of *Ficus hirta* collected in Yen Son district, Tuyen Quang province, Vietnam, four compounds were isolated and chemically structurally elucidated, namely pinoresinol- α -myrinate (1), 3 β -acetoxy-11 α -hydroxy-12-ursene (2), *p*-coumaric acid (3) and isovitexin (4). Among them compound 4 was identified for the first time in this plant. Their chemical structures were confirmed by spectroscopic methods including MS, 1D-, 2D NMR and compared with reported data.

5. Consent For Publication

Not applicable.

6. Conflict of Interest

The authors declare no conflict of interest, financial or otherwise.

7. Acknowledgement

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