

Probe into the Innovative Path of Dance Education Model in Colleges and Universities in the New Era

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Abstract

With the continuous development of society, education and teaching put forward new requirements, the traditional teaching model has been unable to meet the needs of the current social development. Dance education in colleges and universities plays a positive role in improving students' artistic quality and is an important way to carry out the liberal education goal. Therefore, the dance education in colleges and universities should innovate the teaching mode according to the needs of the times, strengthen the application of information-based teaching mode, construct diversified teaching mode, and pay attention to the cultivation of students' artistic quality in the process of teaching dance skills, we should innovate the teaching form, enhance the attraction of the classroom, construct the teaching mode to keep pace with the times, train the dancing talents to meet the needs of the new era, and promote the educational reform. Based on this article specifically for the new era of college dance education model innovation path for the reference of colleagues from all walks of life.

Keywords

New Era, Dance Education Model in Colleges and Universities, Innovation Path

Innovation is the core of the development of the new era. In order to better adapt to the development of the times, the dance teaching mode in colleges and universities should follow the pace of the times for innovation. Only when teaching innovation is achieved, can students be trained to become innovative dance talents, thus promoting the sustainable development of society.

1. Problems in Dance Teaching in Colleges and Universities

1.1 Single teaching mode

In the current dance teaching in many colleges and universities, the traditional dance teaching mode is still used. Teachers teach by mouth in the classroom and students imitate and train according to the teacher's demonstration. The students are in a passive learning state. This old dance teaching mode can no longer meet the development needs of the current new era, which leads to the problems of weak dance expression and limited dance skill training for students. It seriously restricts the development of students' creativity and perception (Huang Meng, 2021).

1.2 Old and aged teaching equipment

A good dance teaching environment is the basic condition for dance teaching, and it can stimulate students' enthusiasm for dance learning. However, in the current dance teaching in colleges and universities, insufficient attention has

been paid to the hardware configuration of dance teaching, no professional dance environment and facilities have been provided for dance teaching, and there are problems such as unprofessional dance training venues and aging teaching facilities. This situation has led to the loss of students' interest in participating in dance training, which is not conducive to the development of dance courses.

1.3 The professional level of dance teachers is uneven

College dance teachers have different levels of professional knowledge, dance skills, professional quality and other aspects. Some college dance teachers' dance skills have not reached the professional level, and dance teaching is hard pressed. Some young dance teachers lack teaching experience, which affects the actual effect of dance teaching (Meng Meng, 2022).

2. Innovative path of dance education model in colleges and universities in the new era

2.1 Strengthen teacher-student interaction

To carry out dance teaching in colleges and universities, effective communication between teachers and students is the basis for better dance teaching. Only through more communication, can we know more about the physical and mental conditions of students, so as to better carry out dance teaching and improve the pertinence of dance teaching. For this reason, college teachers should establish an equal dialogue relationship with students, so as to increase students' trust in teachers, and convey their own ideas and suggestions to teachers, so that teachers can provide targeted guidance to students. In daily teaching, teachers should give more encouragement and support to students, help students build their confidence in dance training, make students become the masters of dance classes, learn dance more actively, and feel the fun of dance learning (Luo Jing, 2018).

2.2 Use the network to innovate the teaching mode

With the development of network information technology, information technology has been widely used in various industries and fields, promoting the process of social informatization. The informatization process provides favorable conditions for the innovation of dance education mode in colleges and universities. With the help of the network, we can learn more about the world. The application of the Internet of Things opens a new window of dance world, providing students with a chance to look at the world. Teachers can watch the world's top dance performances and competitions through the network. Therefore, teachers should make full use of the advantages of the network to innovate the dance teaching mode. For example, after professional dance training, teachers can use the Internet to collect music that matches the dance content in the network and play it in the classroom, so that students can taste the artistic conception of music, and let students use dance to express the artistic conception of music. With such dance training, the single and boring training mode of traditional dance teaching can be solved, and students' enthusiasm for dance training can be improved. In the process of dance training, students' dance creation ability and music appreciation ability will be improved to innovate the dance teaching mode. Dance belongs to a comprehensive art discipline and is closely related to music. Improving students' music perception and creative ability is the focus of dance teaching. Therefore, if you want to improve the effect of dance teaching, you can't ignore the cultivation of music literacy. Therefore, in the dance teaching of the new era, we should effectively combine dance and music, pay attention to the cultivation of students' music perception and innovation ability, innovate the dance teaching form, and improve the dance teaching effect. Teachers can teach students how to use the network to learn dance, let students collect excellent dance videos, watch and enjoy them, and create dance according to their own understanding, so as to stimulate students' interest in learning and cultivate their ability to learn independently (Ma Xiaoli, 2019).

2.3 Strengthen practical teaching

With the proposal of the new curriculum reform, new requirements have been put forward for education, which has increased the emphasis on the cultivation of practical ability. Therefore, the Ministry of Education has issued a series of teaching implementation plans to strengthen practical teaching, hoping to improve the level of practical education in colleges and universities, effectively link the major with curriculum teaching, and dance teaching is no exception. In the actual dance teaching, colleges and universities should strengthen practical education, follow the law of dance art teaching, and reasonably integrate the law of dance art into practical teaching. As the leader and organizer of education,

teachers should help students establish a communication bridge with dance, break through traditional teaching constraints, change traditional teaching methods, appropriately add practical teaching links, and follow the principle of combining knowledge and skills with creative practice, so as to innovate dance teaching. Therefore, teachers can start from the following aspects (Wu Qiong, 2021). First, college dance teachers can actively strive for opportunities for students to participate in dance performances, exercise students' dance skills, and improve the practical teaching effect. Second, we can organize dance competitions in schools or participate in dance competitions outside schools. By participating in dance competitions, we can test students' dance learning results. With the help of dance competitions, we can broaden students' horizons, stimulate students' initiative, exercise students' dance performance, eliminate students' sense of inferiority, improve students' confidence, guide students to form a positive psychological quality, and improve the quality of dance teaching. Third, some excellent orchestras can be hired to come to the campus to provide students with the opportunity to watch excellent dances, so that students can understand their own shortcomings in watching, facilitate students' targeted learning, and improve the effect of dance teaching. The ultimate goal of dance teaching in colleges and universities is not to train all students to become dancers, but to improve students' artistic quality through dance teaching, to establish elegant hobbies, to learn to use art to express their feelings, and to play the role of dance teaching (Shao Hongrun & Li Weizong, 2021).

2.4 Strengthening teachers

In dance teaching, teachers are the main body to carry out teaching. Teachers' professional quality determines the effectiveness of dance teaching. To innovate the dance teaching mode, teachers need to have innovative quality and innovation ability, actively learn advanced dance teaching methods and technologies, so as to promote the innovation of teaching mode and improve the effectiveness of dance teaching. For this reason, colleges and universities should pay attention to the training of teachers' professional qualities and abilities. They can provide dance training opportunities for teachers by organizing dance teaching exchange meetings, dance lectures, and online training, so as to help teachers understand more professional teaching methods and dance techniques, and improve their dance teaching level (Wei Shiqi, 2020).

3. Conclusion

To sum up, with the innovation of dance education mode in colleges and universities in the new era, teachers should analyze the current problems in dance teaching in colleges and universities, carry out targeted reforms through understanding the existing problems, strengthen communication with students, and understand the actual physical and mental needs of students. Based on the physical and mental needs of students, we should make full use of the Internet to carry out dance teaching, innovate the teaching mode to enhance the attractiveness of the classroom, focus on cultivating students' music perception and dance innovation ability, and drive students to actively learn dance. Practice teaching should be appropriately increased, and students' dance skills and psychological quality should be emphasized. Constantly improve teachers' professional quality and ability, so as to promote the innovation of teaching mode, cultivate innovative dance talents, and meet the development needs of the new era.

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